

# POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

## UTILITY / JAMMER ARM ATTACHMENT

Power Lift Utility / Jammer Arms allow users to perform a multitude of pushing or pulling movements from the Power Lift rack stations. Utility / Jammer Arms can be adjusted along the length of the upright to accommodate users of various sizes. "Rhino Hook" Bar Catches can be attached to the attachments allowing barbell movements to be performed without removing the attachments. Bar Catches need to be secured or removed prior to perform pushing/pulling movements with the arms.



### KEY FEATURES:

- Perfect for pushing or pulling movements
- Attaches to the rack

### Overall Dimensions:

47 9/16" (H) x 32 19/32" (W)

### Warranty:

Lifetime conditional warranty on frame components. Five years on rotary bearings, guide rods, pulleys and weight plates. One year on belts, cables and grips. Ninety days on upholstery and items not specified.

### Part Number:

18125D (Standard)

18126D (Reverse)

powerliftusa.com

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